

Welcome to the Electronic Asthma Management System (eAMS) in Pharmacies!

You are accessing this guide because you need help registering for the patient portal. Currently, the patient portal is only available to patients at participating pharmacies.

If you are part of a participating pharmacy, you should have received an email or text message with a link to register for the patient portal. If your pharmacy has your email address on file, look for an email. If your pharmacy only has your phone number on file, look for a text message.

You can complete the registration process on any computer or device (tablet, smartphone).

If you are having trouble locating the email/text message containing the registration link:

If your pharmacy has your email on file or if you entered your email when completing the patient questionnaire, look for an email from admin@easthma.ca. The subject line for this email is: “eAMS: Please Complete Your Registration”.

If your pharmacy team has already approved your asthma action plan, you would also have received a reminder to use your asthma action by registering for the patient portal. The subject line for this email is: “Action plan available from your pharmacy”.

Please check your junk folder in case it was filed there automatically.

If your pharmacy has your cellphone number (but not your email) on file or if you entered your cellphone number (but not your email) when completing the patient questionnaire, look for a text message from **(978) 643-8628**.

If you still cannot locate the email or text message, please see page 5, below.

Once you have located the email/text message containing the registration link:

Note: if it has been more than 24 hours since you received the email/text, please see page 5, below.

1. Click on the registration link in the body of the message. The message should look like this:

Email:

Hello John,

Exciting news! We are using a new tool to improve asthma care in your pharmacy - the **Electronic Asthma Management System (eAMS)**.

This is how it works: you complete a short questionnaire. Based on your answers, the system will provide us with advice on how to improve your care according to **latest medical guidelines**. We will review these with you and also produce your care plan (**asthma action plan**). If medication changes are needed, we will contact your doctor.

The eAMS also includes a portal for you to access your **asthma action plan** and useful educational tools. The portal can be accessed on any device.

Complete your registration here:

<https://stdnew-portal.easthma.ca/main/login/activation/80c83d0a-8c2c-4100-9b4a-4b9100df7764?firstName=John&loginId=john.doe@mailinator.com>

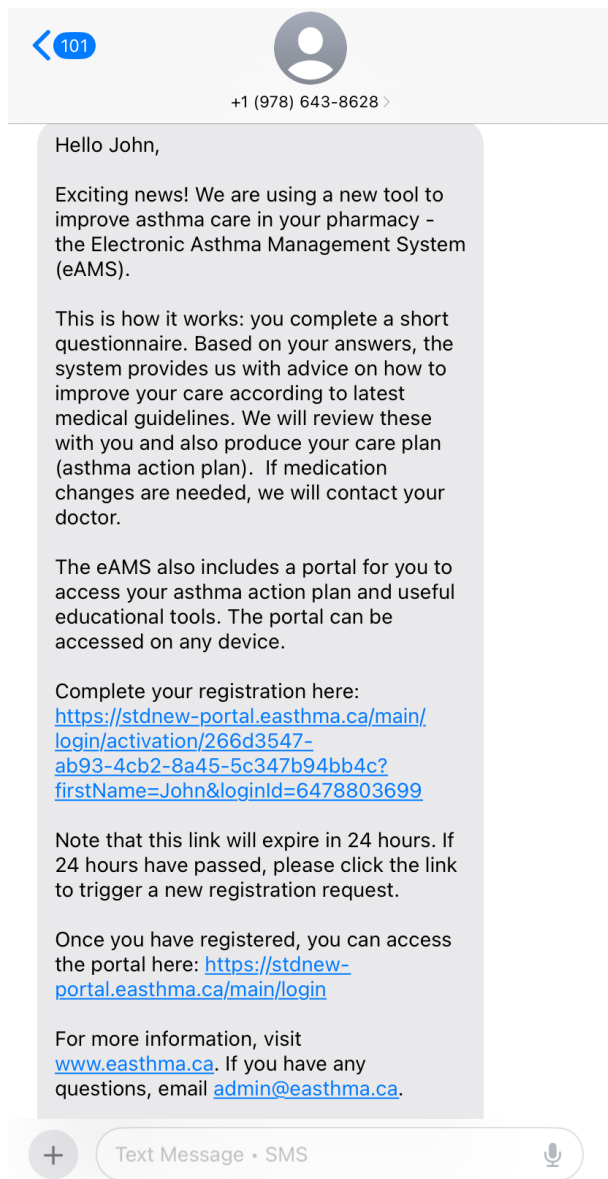
Note that this link will expire in 24 hours. If 24 hours have passed, please click the link to trigger a new registration request.

Once you have registered, you can **access the portal here**: <https://stdnew-portal.easthma.ca/main/login>

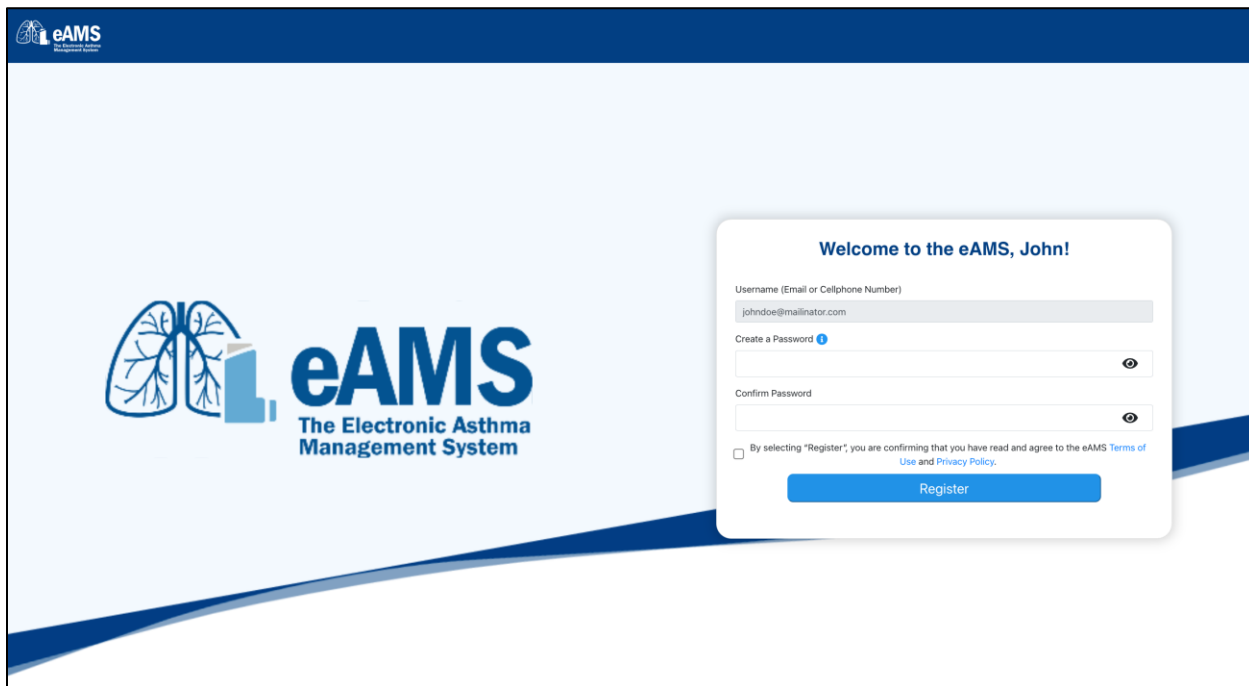
For more information, visit www.easthma.ca. If you have any questions, email admin@easthma.ca.

Thank you,
Your Pharmacy Team

Text message:



2. This should automatically open a website in your default web browser. If it does not open a browser window, please copy and paste the link into your browser window. You should see the following page:



Welcome to the eAMS, John!

Username (Email or Cellphone Number)
johndoe@mailinator.com

Create a Password ⓘ

Confirm Password ⓘ

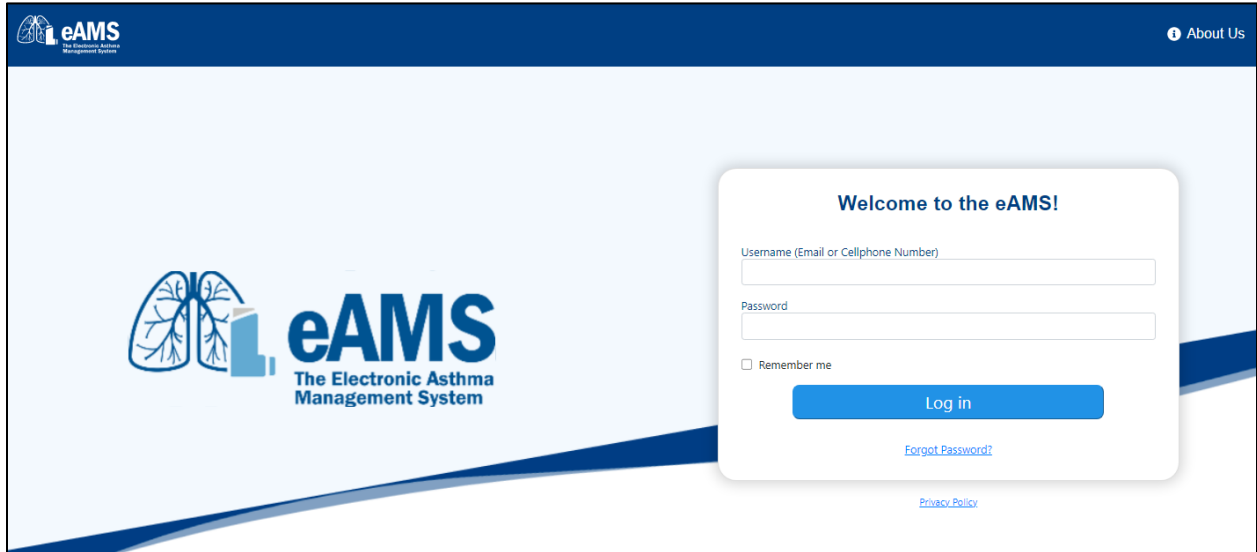
☐ By selecting "Register", you are confirming that you have read and agree to the eAMS [Terms of Use](#) and [Privacy Policy](#).

Register

Please note that the email or cellphone number that was used to create your account will be auto-filled as your username. Keep note of this, as you will need it for future logins.

3. Enter a password of your choice into the "Create a Password" field and then enter the same password in the "Confirm Password" field. Please note your password must be between 12-64 characters.
4. Click on the "Terms of Use" and "Privacy Policy" links, which will open new tabs. After reading and agreeing to the terms of use and privacy policy, click in the empty tick box.
5. Click on the blue "Register" button.

6. Upon clicking “Register”, you will see the following page. Use your username, and the password created on the previous login page to log in.



The screenshot shows the eAMS login page. The header includes the eAMS logo and an 'About Us' link. The main content area features a large eAMS logo on the left and a login form on the right. The form is titled 'Welcome to the eAMS!' and contains fields for 'Username (Email or Cellphone Number)' and 'Password'. There is a 'Remember me' checkbox and a 'Log in' button. Below the button are links for 'Forgot Password?' and 'Privacy Policy'.

Welcome to the eAMS!

Username (Email or Cellphone Number)

Password

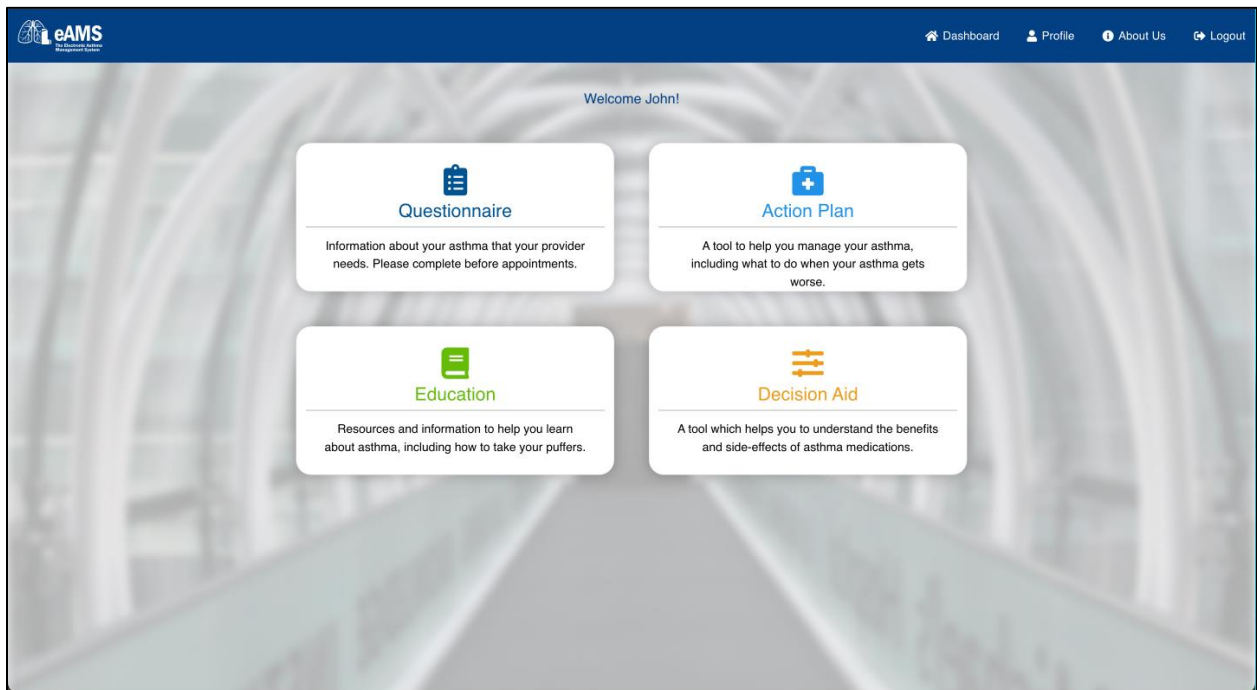
☐ Remember me

Log in

[Forgot Password?](#)

[Privacy Policy](#)

7. Upon clicking “Log in”, you will see the following dashboard. You are in the portal!



The screenshot shows the eAMS patient dashboard. The header includes the eAMS logo and navigation links for 'Dashboard', 'Profile', 'About Us', and 'Logout'. The main content area features a 'Welcome John!' message and four interactive cards: 'Questionnaire', 'Action Plan', 'Education', and 'Decision Aid'. Each card has an icon, a title, and a brief description of its purpose.

Welcome John!

Questionnaire
Information about your asthma that your provider needs. Please complete before appointments.

Action Plan
A tool to help you manage your asthma, including what to do when your asthma gets worse.

Education
Resources and information to help you learn about asthma, including how to take your puffers.

Decision Aid
A tool which helps you to understand the benefits and side-effects of asthma medications.

Frequently Asked Questions

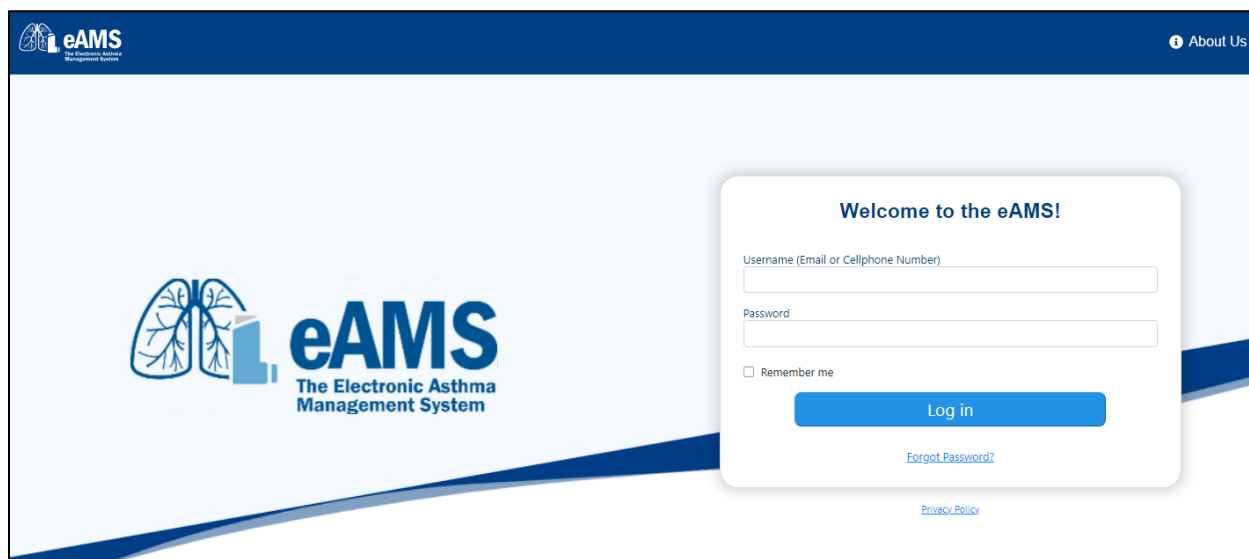
What if it has been over 24 hours since I received the email or text message with the link to register for the patient portal?

In this case, for security reasons, the registration link has expired. However, as the message mentions, when you click on the expired registration link, a new registration email or text message will automatically be sent to you. Look for this in your email inbox or text messages, and follow steps in number 1, on page 1.

What if I can't find my email/text message containing the registration link?

If you can't find your email/text message with the link to register for the patient portal, please go to the patient portal (<https://stdnew-portal.easthma.ca/main/login>) and follow steps 1-12 below.

The portal login page looks like the following page:



Welcome to the eAMS!

Username (Email or Cellphone Number)

Password

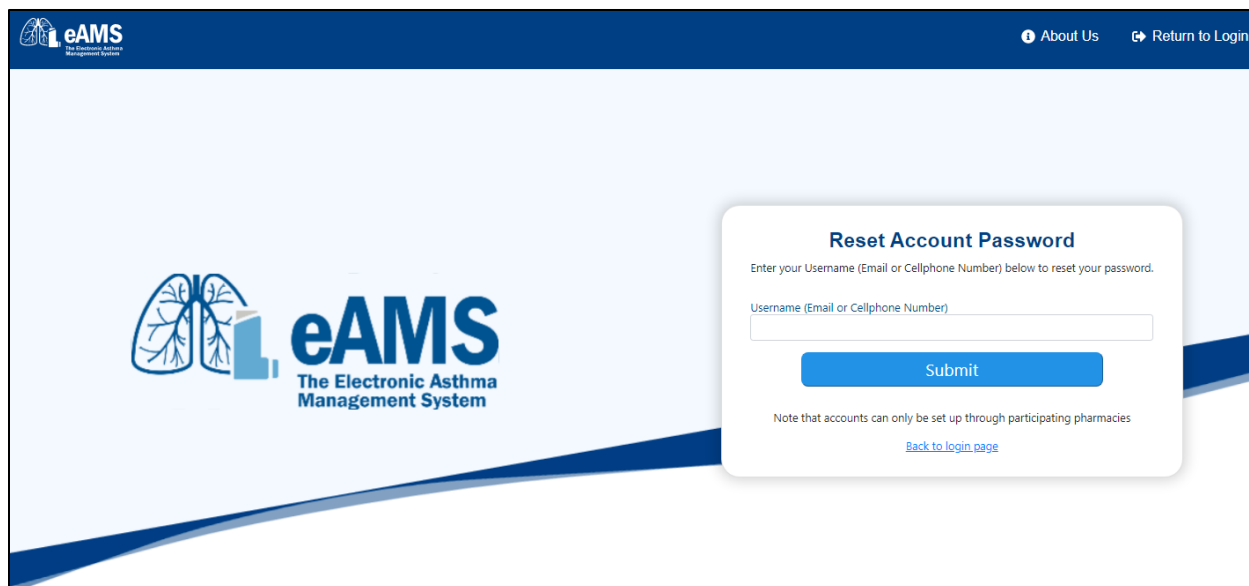
☐ Remember me

Log in

[Forgot Password?](#)

[Privacy Policy](#)

1. On this page, click on "Forgot Password?".
2. Upon clicking on "Forgot Password?", the following page will appear. Here, enter your username. Your username is your email address if your pharmacy has your email on file or if you entered your email when completing the patient questionnaire. Alternatively, your username is your cellphone number if your pharmacy has your cellphone number (but not your email) on file or if you entered your cellphone number (but not your email) when completing the patient questionnaire.



Reset Account Password

Enter your Username (Email or Cellphone Number) below to reset your password.

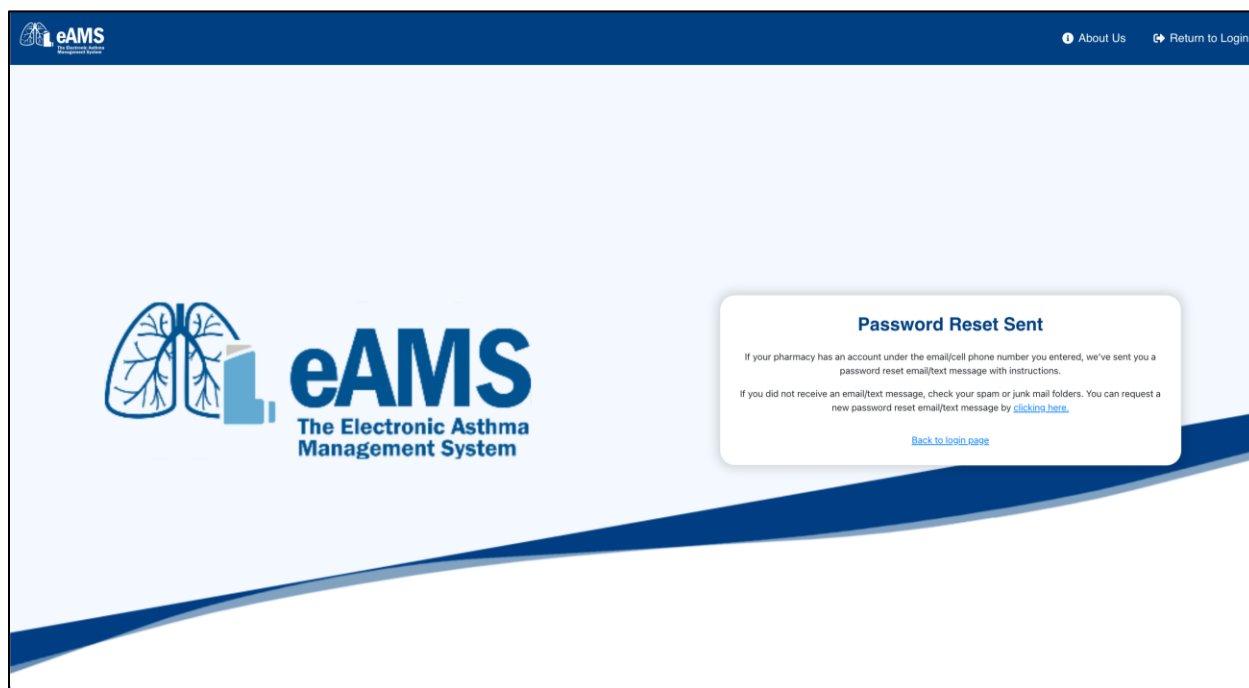
Username (Email or Cellphone Number)

Submit

Note that accounts can only be set up through participating pharmacies

[Back to login page](#)

3. Click on the blue “Submit” button.
4. The following page will appear:



Password Reset Sent

If your pharmacy has an account under the email/cell phone number you entered, we've sent you a password reset email/text message with instructions.

If you did not receive an email/text message, check your spam or junk mail folders. You can request a new password reset email/text message by [clicking here](#).

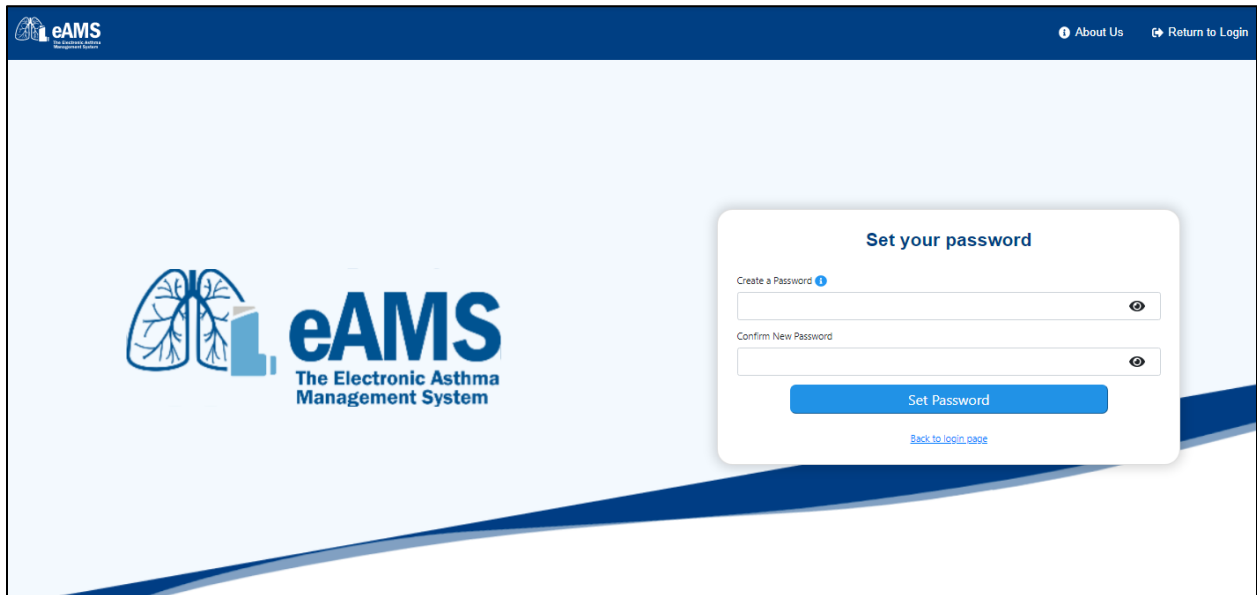
[Back to login page](#)

5. If your pharmacy is a participating pharmacy and has an account under the username that you entered, you will receive an email (if your username is your email address) or text message (if your username is your cellphone number) with a link to reset your password.

If your username is your email address, look for an email from admin@easthma.ca. The subject line for this email is: “eAMS: Password Reset Request”. Please check your junk folder in case it was filed there automatically.

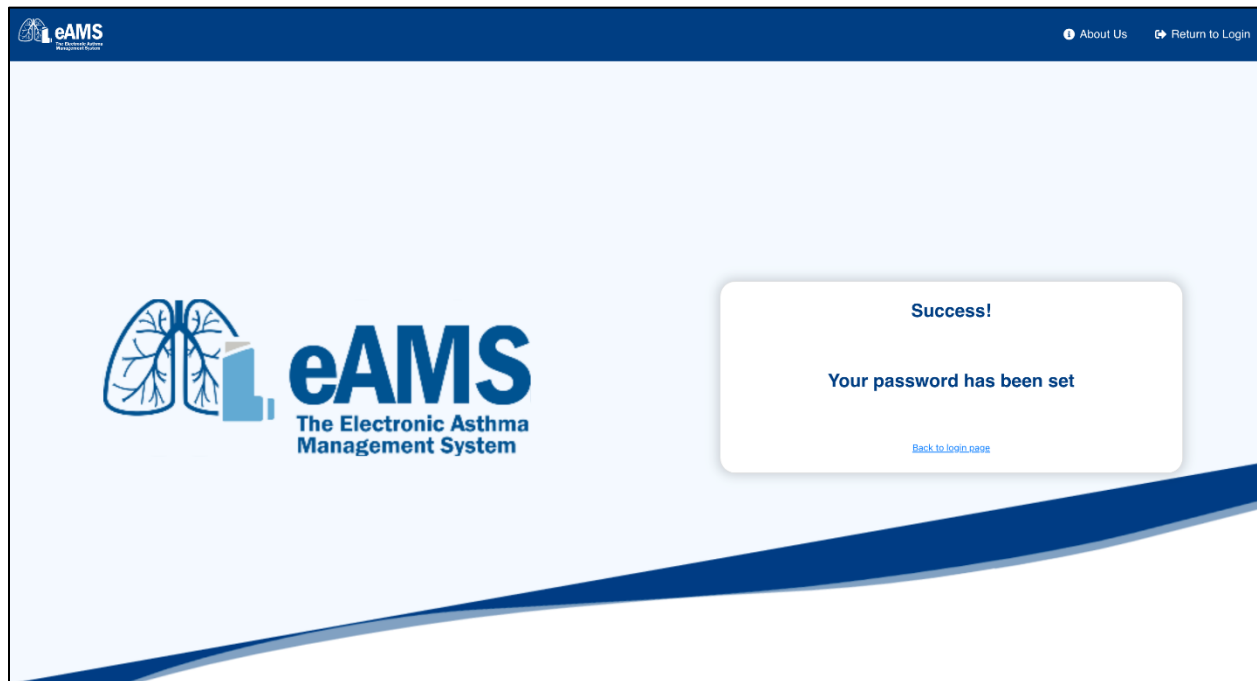
If your username is your cellphone number, look for a text message from **(978) 643-8628**.

Click on the link in your email/text. It will take you to the following page:



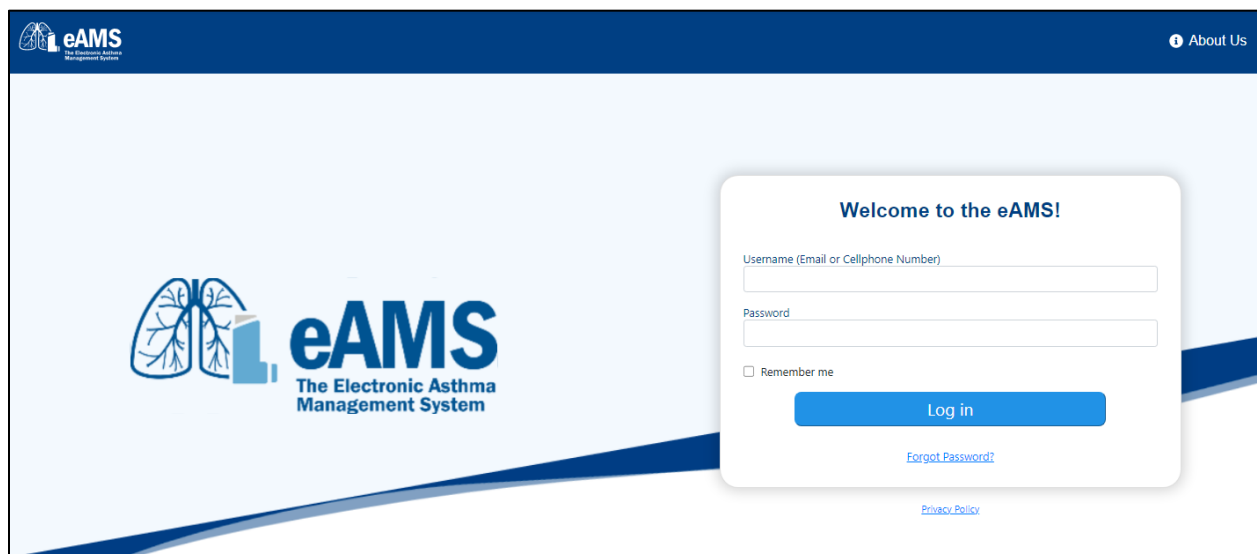
6. Enter a password of your choice into the “Create a Password” field and then enter the same password in the “Confirm Password” field. Please note your password must be between 12-64 characters.
7. Click on the blue “Set Password” button.

8. Upon clicking “Set Password”, you will see the following page:



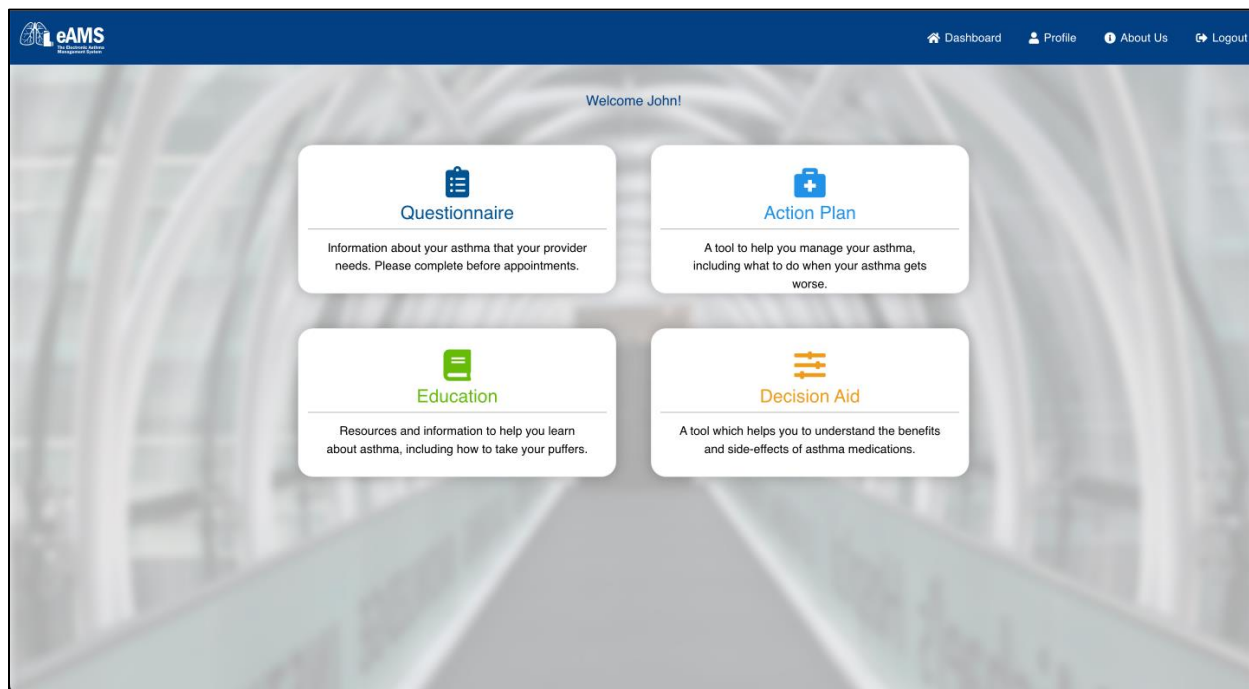
9. Click on the “Back to login page.”

10. This will take you to the following login page:



11. Use your username, and the password created on the previous login page to log in.

12. Click “Log in”, you will see the following dashboard. You are in the portal!



What if I have followed all the steps above but have still not received a registration link by email or text message?

First, please ensure that you have not received the registration email by using the search bar to search for: “eAMS” in your email. Please also check your junk folders in case it was filed there automatically. If you do not locate it, also ensure that you have not received the registration text message by using the search bar to search for: “eAMS” in your text messages.

If you still can not find the registration email or text message, please reach out to your pharmacy team to verify that they have the correct email and/or cell phone number in your eAMS patient profile.

If you encounter any issues along the way, please send us an email at admin@easthma.ca and let us know which step you encountered the problem on. If you encounter an error message, please send us a screenshot. Please do not include any personal information in the email or screenshot.